



# MICHIGAN'S AMERICORPS MEMBER CELEBRATION THURSDAY, NOVEMBER 15, 2018 9:30AM – 4:30PM \* LANSING, MI

# "Be The Greater Good"

# **AGENDA**

8:30-9:30 a.m. REGISTRATION / EXHIBITOR NETWORKING

9:30 a.m. KICKOFF

With remarks from Chester Spellman, Director of AmeriCorps

Corporation for National & Community Service

10:30 a.m. BREAK / EXHIBITOR NETWORKING

10:45 a.m. WORKSHOP BLOCK I

12:00 p.m. BREAK / EXHIBITOR NETWORKING

12:15 p.m. LUNCH PLENARY / KEYNOTE FEATURING CHAD PREGRACKE



Chad Pregracke, the 2013 CNN Hero of the Year, is proof that one person can make a difference. At the age of 17, Chad started on a crusade to clean up America's most iconic river—the Mississippi. Since then, Chad's hard work, vision, humor, and leadership has evolved into a cultural movement that has resulted in nearly 9 million pounds of garbage being cleaned out of America's rivers with over 94,000 volunteers and dozens of global corporations coming aboard to lend a hand. Chad's not-for-profit organization, Living Lands & Waters, was started in 1998 and has evolved to be the only "industrial strength" river organization like it in the world. Chad's leadership and vision have earned him more than 40 awards and accolades including the 2013 CNN Hero of the Year, The Jefferson Award for Public Service, and Mitchum's Hardest Working Person in America. In 2007, he released a book with National Geographic about his life and mission, From the Bottom Up: One Man's Crusade to Clean America's Rivers.

2:15 p.m. WORKSHOP BLOCK II

3:30 p.m. BREAK / EXHIBITOR NETWORKING

3:45 p.m. CLOSING / SWEARING-IN CEREMONY

With remarks from Michigan Lieutenant Governor Brian Calley &

State Representative Julie Calley

**4:30 p.m. DEPART** 

# 2018 MICHIGAN'S AMERICORPS MEMBER CELEBRATION WORKSHOPS

# **WORKSHOP BLOCK I (11:00 a.m. – 12:15 p.m.)**

# **Room 101** Community Collaboration

Scott Lakin, Community Program Director

Camp Newaygo

Do you want to engage community members in creating programs and events during your service year? Learn about different strategies for leading individuals in planning interventions and addressing community issues. In this session, you'll explore ways to encourage community members to participate in meetings, be part of developing ideas, and collaborate on creating programs.

# **Room 102** Facilitation Skills: Will You Thrive or Survive Your Next Meeting?

Jennifer Weichel, Volunteer Specialist

Michigan State University Extension

What do your meetings say about you? Do people feel inspired or are they ready to retire after they attend one of your meetings? In this hands-on session attendees will discover ways to engage meeting participants and awaken their senses! We will consider how to engage different learning styles, have some fun, address tough topics, and help people consider other perspectives. Facilitation skills are never out of style and can be the key to help participants *thrive* instead of *survive* your next meeting.

# Room 103 Connect, Collaborate, and Lead

Marsha Hazen, AmeriCorps Partnerships Coordinator Michigan Community Service Commission

Over 1,500 AmeriCorps members serve in communities all across our state each year. Collaboration is a key element that brings members together to form lasting friendships, build community partnerships, expand your professional network, and multiply the impact of national service. This interactive session is an opportunity to meet other AmeriCorps members serving in your region, learn about collaboration opportunities, and start planning collaborative initiatives. If you want to take your service to the next level, be a leader on your team and in your community, and connect with other national service members, this session is for you!

# **Room 104** Increasing Cultural Competency

Frank Cox, Extension Educator
Michigan State University Extension

Culture encompasses many facets of who we are as individuals, beyond race or ethnicity. Youth programming has the potential to bring together individuals with different worldviews based on their experiences and identities. Staff and volunteers who understand privilege imbalances and who empathize with the audiences they work with will not only do a better job of serving them, but also gain greater satisfaction through their service. Workshop participants will experience hands-on activities and explore issues of cultural competence, personal values and issues of privilege.

# **Room 201** Dealing with Difficult People

Jay Johnson, CEO & Master Trainer Coeus Creative Group

We all know them. We all deal with them. However, is someone else's bad behavior worth our own heart attack? If your answer is no, you will love this training opportunity. This crowdpleasing performance explores the who, what, when, where, and why of difficult people and the strategies and skills we need to survive them. Using the Coeus Creative Group's proprietary Behavioral Intelligence model, this training is guaranteed to empower attendees to manage even the most challenging of people.

# Room 202 Setting & Maintaining Healthy Boundaries During Your Year of Service

Christine Heverly, Extension Educator

Michigan State University Extension

Boundaries set the standard for what is expected in a relationship. For instance, think about your relationship with your supervisor. Can you speak to him or her the same way you would speak to

your best friend? Chances are high that there are certain topics or words you do not use with your boss or in your professional life. It is not that the conversations you have with your friends are bad; they simply are not appropriate in a work setting. Some boundaries are easy to decipher because we learn them through rules, policies, and other guidelines. Other boundaries are not communicated as clearly and have to be navigated with care. It is important to remember that boundaries vary depending on the nature of the relationship. During this session we will look at setting boundaries that would be appropriate for your service year.

# **Room 203** Encouraging Gender Inclusiveness

Jalisa Danhof, Assistant Director Kori Sweiter, Program Director Camp Newaygo

Discuss what makes a program inclusive, consider what barriers might currently exist, and explore strategies for contributing to a culture that embraces gender inclusiveness, breaks through gender norms, and encourages all people to become their best selves. This interactive session will work through practical examples and use experiences from Camp Newaygo, an all-girls overnight camp that also engages its local community throughout the year.

# Room 204 Graduate School After Service

Panel of Presenters, University of Michigan

Join panelists from the University of Michigan to discuss preparation for graduate school after your service year. Topics include how to know if you're ready for graduate school; how to research graduate programs; the application process; advice and tips for the application; funding/financing for graduate programs; and Q&A.

# **Room 205** 7 Habits of Highly Effective People

Joy Alston, AmeriCorps Program Officer Michigan Community Service Commission Kelly McClelland, AmeriCorps Program Director

United Way of Genesee County

In today's ever-changing society the need to be effective and efficient in service, employment and our personal lives is greater than ever before. Having the skills needed to 'Get Things Done' is critical to success. Join us for a workshop on Steven Covey's famous text, The 7-Habits of Highly Effective People where we will delve into understanding and practicing what it takes to live our best professional and personal lives.

# Governor's Room Grant Writing and Administration

Kayla Doyle, AmeriCorps Program Director Cherry Health

Grants are commonly used in the non-profit sector to bring in funds needed to start and implement programs. Knowing how to write a viable grant application is a key skill for today's workforce and can increase one's employability. Staff who are not involved in the writing of a grant will likely be impacted by the administration or implementation of grants that are received. This course will focus on all aspects of the grant cycle.

# River St. Pub Building Power and Voice with Young People

Bryan Lewis, AmeriCorps Program Director EcoWorks

Jordan Connally, Grosse Pointe South High School Student

So you're serving young people, huh? Maybe you're tutoring in classrooms with students; maybe you're helping young people feel safe in and around their communities; or maybe you're engaging young people in their natural environment. Whatever the case, as AmeriCorps members working with youth, we want young people to feel empowered in using their voice to better themselves and the community surrounding them. This workshop will be a crash course in ways to uplift youth voice in your service work. We will question ourselves and our beliefs and will work to create productive youth-adult partnerships that highlight the voices of the youth we serve.

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# **WORKSHOP BLOCK II (2:15 p.m. – 3:30 p.m.)**

### **Room 101** Fake It Until You Become It

Scott Lakin, Community Program Director Camp Newaygo

"Fake It Until You Become It" is a quote about power poses from Amy Cuddy. Come explore how it applies to creating new community connections or leveraging those your host site already has. Join staff from Camp Newaygo in this interactive session to plan strategies that quickly connect with the community in which you are serving.

### **Room 102 Evaluation & Reporting: Showing Your Impact**

Chelsea Hetherington, Evaluation Specialist Michigan State University Extension

You can often observe firsthand the impact of your service on individuals and communities. Still, it's not enough to simply know that a program is making a difference. Being able to show evidence of a program's reach and impact is a critical part of nonprofit work. Whether it's through reporting (i.e., tracking numbers of events or participants) or evaluation (i.e., measuring changes in participants' knowledge, skills, or behavior), being able to demonstrate a program's impact can help draw in new participants, convince key stakeholders of a program's value, and even influence future funding decisions. This session will provide a basic overview of evaluation and reporting, including their broad purpose, data collection strategies, and how you can implement them. Members of all experience levels will walk away with knowledge and strategies they can apply during their term of service and in future career opportunities.

### **Room 103 Positive Youth Development**

Rachel Puckett, AmeriCorps Program Director Michigan State University Extension

Positive Youth Development is an important concept to understand when working with young people. Volunteers need to focus on building positive attributes, instead of focusing on deficits. In this session, participants will learn about positive youth development and explore ways youth development professionals and AmeriCorps members can assist youth in developing assets.

### **Room 104 Building Community Relationships**

Frank Cox, Extension Educator Michigan State University Extension

Get connected with other groups or businesses to increase the visibility of your program in your community. Building community relationships and strategic partnerships can benefit you by learning new skills and creating a network in your own community. Attend this session to learn some steps in building community relationships and take action to partner with other organizations.

### **Room 201 Unlocking Hidden Messages: The Secrets of Body Language**

Jay Johnson, CEO & Master Trainer

Coeus Creative Group

If you are not careful, your body will betray you! In this award winning training, body language expert, Jay Johnson, will demonstrate the power of unlocking hidden nonverbal messages. From handshakes to comfort gestures, awareness of these messages can help to foster better relationships, improve sales, and increase liking. Learn to read situations without a word being spoken, explore tools that help to uncover deception, and take your people skills to the next level.

### **Room 202** Service Year Self Care

Kayla Doyle, AmeriCorps Program Director

Serving others through a year of service in AmeriCorps is an experience that can be both fulfilling and draining. Taking care of yourself is essential to getting the most out of your year of service. After all, you cannot fill another's glass if your glass is empty! This session will focus on common areas of stress, strategies for self-care, and recognizing mental health concerns.

# **Room 203**

# **Serving with a Justice Mindset**

Anna Balzer, Program Manager – Youth Energy Squad Josh Musicant, AmeriCorps Member – Youth Energy Squad Jordan Larson, AmeriCorps Member – Youth Energy Squad EcoWorks

Are you serving with people of color, women, people with disabilities, or other marginalized groups and vulnerable populations? Chances are, as an AmeriCorps member, that answer is yes. What role does justice and equity play in our interactions and engagements with marginalized and underserved communities? How can we be stewards of our community and approach our service in an inclusive manner? These and other questions will be addressed in this workshop. We will develop a shared language around justice and equity that we can use in our approach to service. We will also consider the societal factors and needs that impact us and the people we serve. Finally, in this session we will workshop best practices towards effective justice-minded service.

# Room 204

# **Graduate School After Service**

Panel of Presenters, University of Michigan

Join panelists from the University of Michigan to discuss preparation for Graduate School after your service year. Topics include how to know if you're ready for graduate school; how to research graduate programs; the application process; advice and tips for the application; funding/financing for graduate programs; and Q&A.

# Room 205

# Getting the Most Out of Your Segal AmeriCorps Education Award

Marsha Hazen, AmeriCorps Partnerships Coordinator Michigan Community Service Commission

Learn about using your Segal AmeriCorps Education Award and avoiding some common pitfalls that could end up costing you. This workshop includes information about putting your award toward student loans and college/university tuition, matching institutions, and the tax implications of using your Education Award. Since everyone has a different situation, this workshop will give you valuable information to help you make the best decision for your circumstances.

# Governor's Room

# **Life & Career Planning 101**

Bryan Lewis, AmeriCorps Program Director EcoWorks

"Now what?" Whether you're fresh out of college or you're nearing your golden years, it's almost certain you've wrestled with this question many times over as you think about what your future holds. The question, itself, is stress-inducing, right? Don't worry, you're not alone - and you have time. Your service year is the perfect opportunity to plan for and meet the challenges of your future head on. In this WORKshop we will learn best practices in planning for your life and career, understand our personal values and motivations, and build the scaffolding towards our individual life and career goals. Don't play backseat to your life—get in the cockpit and come ready to work!

# River St. Pub

# **Exploring Opportunities in the Nonprofit Sector**

Panel of Presenters

The nonprofit sector is vast and diverse and includes more than 1.6 million organizations, including charities, foundations, social welfare organizations, and professional and trade associations. Join this panel of nonprofit experts and gain an introduction to the nonprofit world. Panelists will discuss what a nonprofit is, how they were introduced to the sector, and the education, skills, and experience needed to obtain a nonprofit career. Panelists will also discuss how your AmeriCorps service can help you explore various opportunities and organizations within the nonprofit sector. If you hope to lead or work at a nonprofit organization someday, then this workshop is for you!